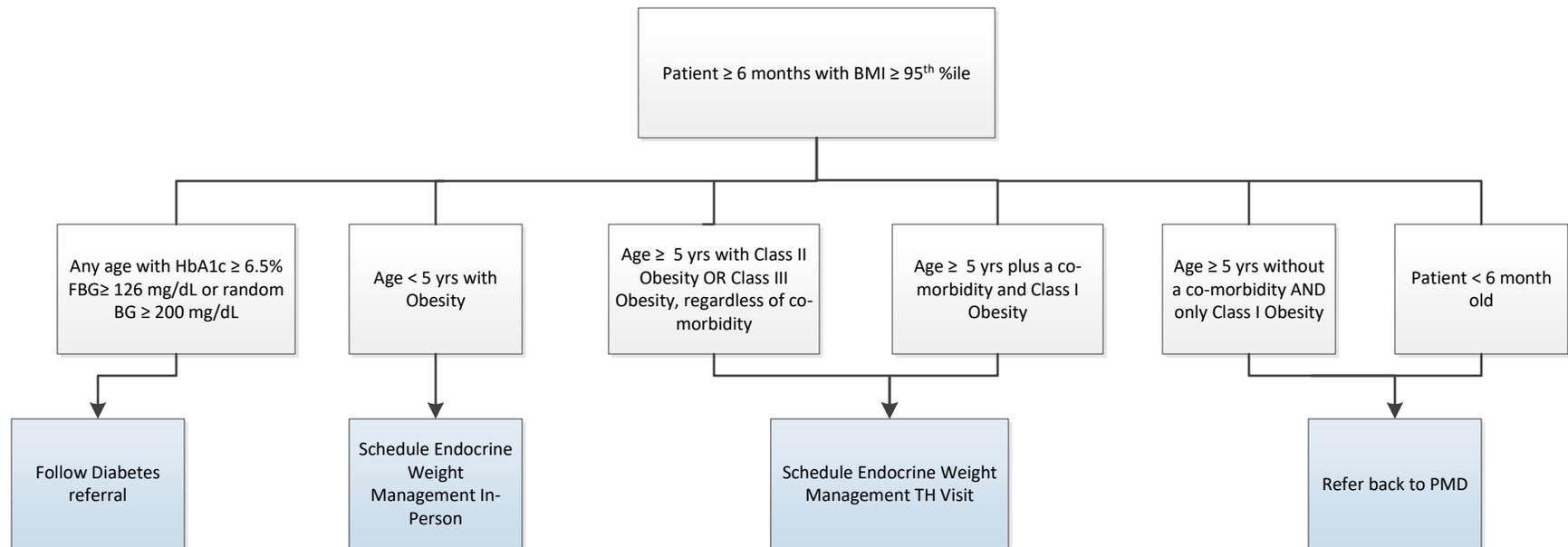


Obesity Referral

Obesity Referral:

- Confirm lab results attached:
- HbA1c (within last 6 months)
- Relevant clinical notes
- Weight Growth Chart or BMI Growth Chart – OR – Weight or BMI listed in clinic note



Class I Obesity = BMI ≥ 95th %ile for age and sex
 Class II Obesity = BMI ≥ 120% to < 140% of 95th %ile or BMI ≥ 35 kg/m²
 Class III Obesity = BMI ≥ 140% of 95th %ile or BMI ≥ 40 kg/m²

Co-Morbidities
 Pre-Diabetes: HbA1c 5.7-6.4% or fasting glucose 100-125 mg/dL
 NAFLD: ALT > 45
 Hypertriglyceridemia: TG > 150 or TG/HDL > 3