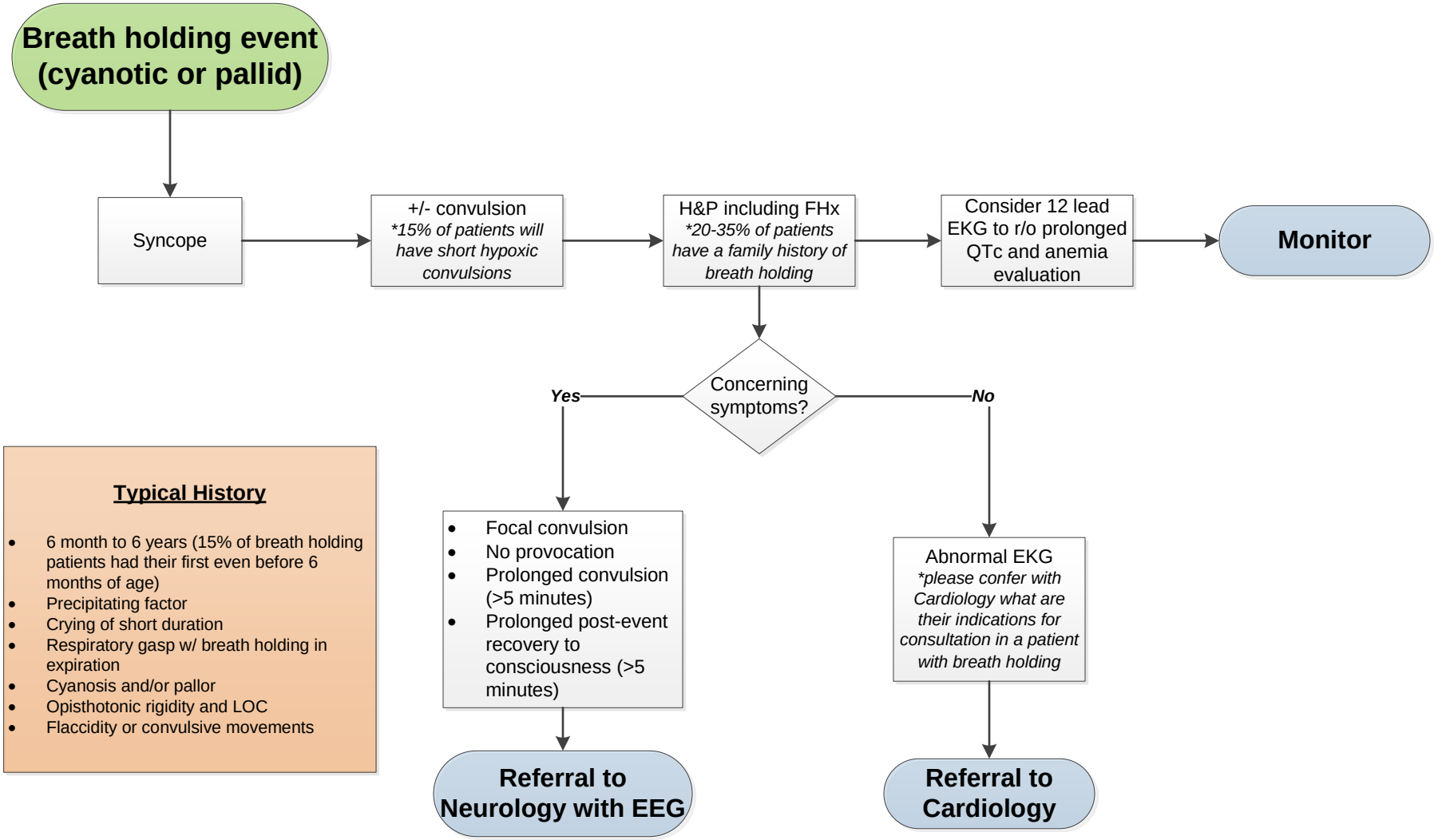
Breath Holding Event



Typical History

- 6 month to 6 years (15% of breath holding patients had their first even before 6 months of age)
- Precipitating factor
- Crying of short duration
- Respiratory gasp w/ breath holding in expiration
- Cyanosis and/or pallor
- Opisthotonic rigidity and LOC
- Flaccidity or convulsive movements

Rev. 6.30.20