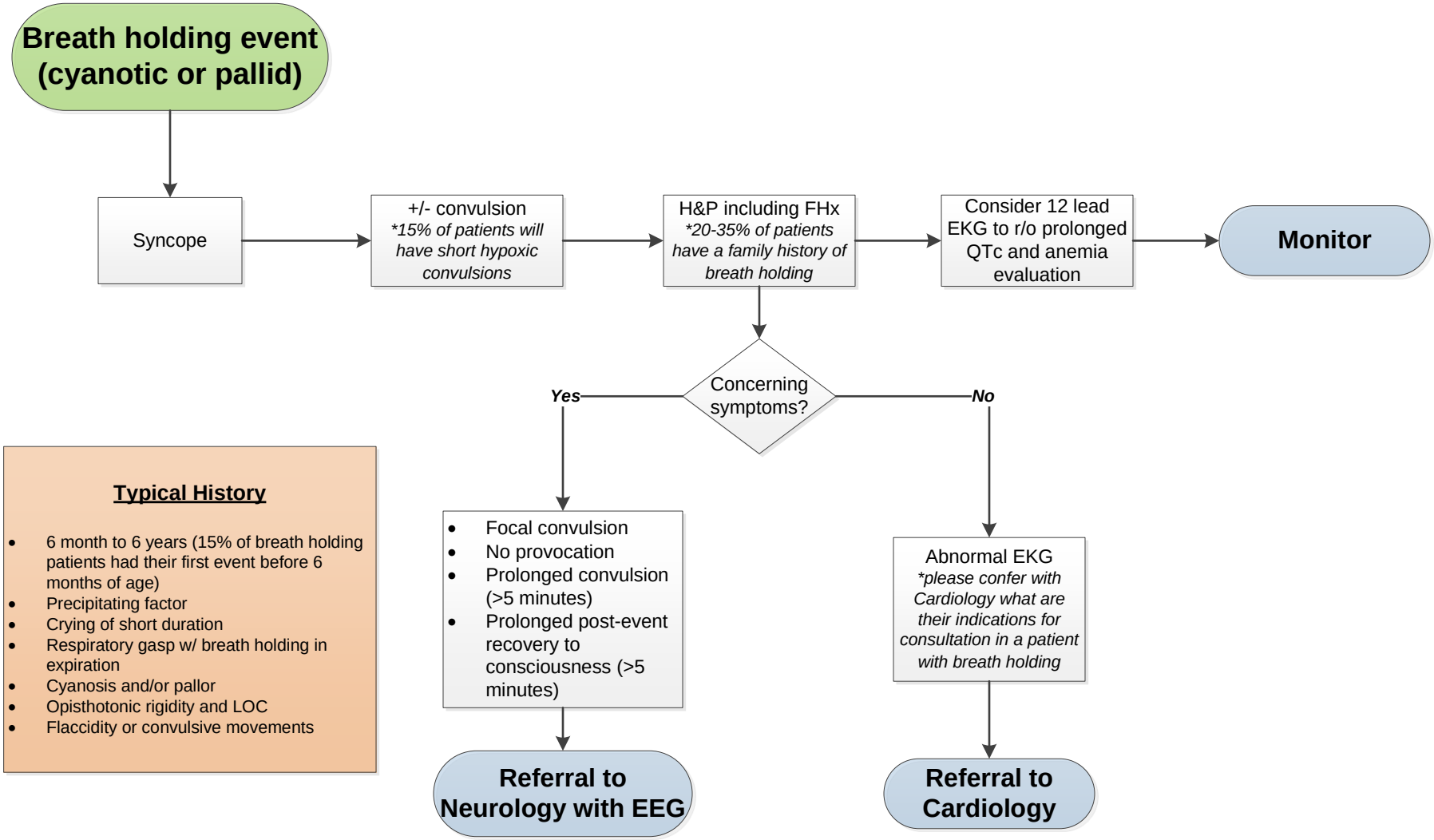
Breath Holding Event



Typical History

- 6 month to 6 years (15% of breath holding patients had their first event before 6 months of age)
- Precipitating factor
- Crying of short duration
- Respiratory gasp w/ breath holding in expiration
- Cyanosis and/or pallor
- Opisthotonic rigidity and LOC
- Flaccidity or convulsive movements

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